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Assessment Services

Psychological Evaluations Children & Adults

❑ **Psychological Services Center at CSU:**

970-491-5212

- sliding scale, income-based

<https://psychology.colostate.edu/psc/>

❑ **Psychological Services Clinic at UNC:** 970-351-1645

- sliding scale, income-based

<https://clinic.unc.edu/>

❑ **Dr. Laura Sanders:** (970) 465-2977

- Northern Colorado Assessment Center

<https://nocoassessmentcenter.com/>

❑ **Elevated Insights Assessment:** (970) 465-2977

<https://www.elevatedinsights.org/services/>

❑ **Joy Short:** 970-460-6771

- NoCo Dyslexia Center
- dyslexia screenings

<https://www.nocodyslexia.com/>

❑ **Kaiser and Beacon Health Members:** 970-207-7171

Crisis Help Walk-In and Phone Services

❑ **Colorado Crisis Talk Line:** 844-493-TALK (8255)

<https://coloradocrisisservices.org/>

❑ **Fort Collins Walk-In Crisis Services:**

1217 Riverside Ave, Fort Collins, CO 80524

❑ **Greeley Walk-In Crisis Services:**

928 12th Street, Greeley, CO 80631

❑ **Summit Stone Health Partners** - Fort Collins,

Loveland: 970-494-4200

❑ **Centennial Peaks Hospital:** 303-673-9990

- adults and adolescents, inpatient, IOP

❑ **Mountain Crest Behavioral Health Center:** (970)

207-4800

- adults and adolescents, inpatient, IOP

Court-Ordered & Forensic Evaluation

❑ **Kathleen McNamara:** 970-207-0278

- Parental rights evaluations (PRE)
- <http://kathleenmcnamaraphd.com/>

❑ **Katherine Combs:** (970) 426-0216

- Fitness evaluations for bariatric surgery and egg donation

❑ **Steve Gale, Ph.D.:** (970) 219-5362

- Colorado Office of Behavioral Health, in the court services department.
- provides competency evaluations and expert testimony for courts in Northern Colorado.

Dementia, Alzheimer's, and Older Adults

❑ **Dr. Joy DeJong Lago:** 970-482-4373

- UC Health Neurology

❑ **Psychological Services Center at CSU:** 970-491-5212

❑ **Larimer County Office on Aging:** (970) 498-7750

<https://www.larimer.org/humanservices/aging/ooa>

❑ **Columbine Health Systems Center for Healthy Aging**

<https://www.research.colostate.edu/healthyagingcenter/>

Care Coordination for Adults

❑ **Larimer County Connections:** 970-221-5551

- care coordination, advocates, counseling and medication

Care Coordination for Children

❑ **CAYAC:** 970-221-3308

- child and family services, care coordination, counseling, and psychiatric services

Medication Management

Psychiatrists and Nurse Practitioners

- ❑ **Virginia “Ginny” Mack:** 970-335-9087
cirquemeadowpsych@gmail.com
 - psychiatric nurse practitioner
 - ages 13-50 (BCBS, Cigna, Tricare)
- ❑ **Aaron Meng:** 970-218-7369
 - kids and adults (accepts PSD EAS)
- ❑ **Craig Heacock:** 970-221-1106
 - teens and adults (BCBS, Cigna, UHC, Rocky Mountain Health Plans, PSD EAS)
- ❑ **Jim Kagan:** 970-223-5125
 - kids and adults (does not accept insurance)
- ❑ **Usha Udupa:** 970-207-4857
 - children and adolescents, Mountain Crest Behavioral Health
- ❑ **Eric Straumanis:** 970-663-3030
 - kids and adults (accepts most insurance carriers, no Medicare)
- ❑ **Brett Smith, DO:** 970-810-5454; 970-686-5646
 - Windsor and Greeley through Banner Health
- ❑ **Susan Ponder:** 970-590-1138
 - psychiatric nurse practitioner
 - Greeley (accepts Medicaid)
- ❑ **Rosa Kauffman:** 970-670-7361
 - Psychiatric nurse practitioner
 - Mood Disorders, Pregnancy, Prenatal, Postpartum, Addiction
- ❑ **Tevin Riley, FNP:** (970) 619-8139
 - Thompson River Pediatrics and Urgent Care
 - 4435 Ronald Reagan Blvd., Johnstown, CO 80534
- ❑ **Rachel Unruh, C-PNP:** (970) 619-8139
 - Thompson River Pediatrics and Urgent Care
 - 4435 Ronald Reagan Blvd., Johnstown, CO 80534

Primary Care Physicians

- ❑ **Dr. Ashlea Franques:** (970) 619-8139
 - Thompson River Pediatrics and Urgent Care
 - 4435 Ronald Reagan Blvd., Johnstown, CO 80534
- ❑ **Dr. Antonia Sigl:** (970) 619-8139
 - Thompson River Pediatrics and Urgent Care
 - 4435 Ronald Reagan Blvd., Johnstown, CO 80534
- ❑ **Amelia Virostko, MD:** 970-494-4040
 - Salud Clinic
 - 1635 Blue Spruce Dr, Fort Collins, CO 80524
- ❑ **Bernard Birnbaum, MD:** 970-495-8800
 - Stony Brook Family and Preventative Medicine
 - 1025 Pennock Place #114, Fort Collins, CO 80524
- ❑ **Sandra Henderson, MD:** 970-229-9800
 - Associates in Family Medicine
 - 2025 Bighorn Dr, Fort Collins, CO 80525
- ❑ **Cara Brown, MD:** 970-587-7881
 - Family Physicians of Johnstown
 - 473 Castle Pines Ave #1, Johnstown, CO 80534

Child and Adolescent Counseling

Integrated Counseling and Wellness

[https://integratedwellnessfc.com/
contact@integratedwellnessfc.com](https://integratedwellnessfc.com/contact@integratedwellnessfc.com)

❑ Alyssa Wright, LCSW

- Adolescents, trauma, LGBTQ+, EMDR (BCBS, Cigna, UHC, Medicaid)

❑ Megan Wykoff, LSW

- kids and adults 10yrs and up, virtual only,
- acute and complex trauma, PTSD, anxiety, depression, self-esteem issues, attachment issues

❑ Brianne Dixon, LPCC

- Kids 14yo and up
- substance use, trauma/PTSD, anxiety, depression, and relationship concerns

Rising Hope Counseling

[https://www.risinghopecounseling.com/
Contact@RisingHopeCounseling.com](https://www.risinghopecounseling.com/Contact@RisingHopeCounseling.com)

❑ Stacie Scheich, LPC, EMDR II

- anxiety & stress, trauma, depression, addictions, life transitions, LGBT issues, and grief & loss.

❑ Meghan McArthur, LPC, CAC III, EMDR II

- child development, substance use/misuse, maternal mental health, and first and second-generation acculturation issues.

❑ Jackie Regan, LCSW, EMDR

- grief & loss, anxiety & stress, depression, ADHD, as well as survivors of abuse, sexual assault, and domestic violence.

Parent-Child Interaction Center & Canopy Counseling

<https://p-cic.com/index.html>
manager@p-cic.com

Fort Collins Location: (970) 472-1207 EXT:1000
375 E. Horsetooth Road, Bldg 3, Ste 101
Fort Collins, CO 80525

Boulder Location: (720) 418-9240
4790 Table Mesa Drive Suite #108
Boulder, CO 80305

In person and telehealth sessions, a variety of insurance panels are accepted depending on the clinician.

Beyond the Mirror Counseling and Wellness Center

<https://www.beyondthemirror.org/>
(970) 413-2264

Most insurance is accepted including Colorado Medicaid, and sliding fees are available. LGBTQ+ friendly, and offering virtual sessions for folks across Colorado right now!

Services offered:

- individual, couples, and group counseling, nutritional therapies, and complementary and alternative medicine
- Adolescent Girl's DBT Group, Teen Group therapy
- Eating Disorder treatment

The Willow Collective

<https://www.willowcollectivefoco.com/>
(970) 829-0992

Specialities:

- children ages 0 to 8 and their families. Medicaid, private pay/HSA/FSA, and victims compensation.
- Recovery from trauma and stress
- Foster care / reunification
- Parent-child relationship challenges

More Adolescent Therapy

❑ Michael Griffith: (970) 204-6970

- <https://www.drmmichaelgriffith.com/therapy-counseling>

❑ Kelly Sonnenfeld: (970) 658-0949

- DBT specialist
- <https://drkellysonnenfeld.com/>

❑ Abbey Schneider: (970) 829-1206

- Relationship Issues, parenting

Adult and Family Counseling

LifeStance Health

<https://heartcenteredcounselors.com/>

Providing Cognitive Therapy, Dialectic Therapy, Group Therapy, etc. across 4 offices in Fort Collins, as well as additional offices in Loveland, Greeley, and Boulder.

SummitStone Health Partners

<https://www.summitstonehealth.org/>

Crisis Services, Substance Use Disorder, Peer Support Services, Vocational Support, Group Therapy, On-Site Pharmacy, Medication

Synapse Integrative Wellness

<https://synapsecounseling.com/>

(970) 822-0595

Specializes in nutrition & wellness, disordered eating, ADHD, and cannot accept Medicare or Medicaid

☐ **Elena Estanol, Ph.D., M.F.A.**

- Spanish-speaking, lgbtq+, adhd, sports performance, eating disorders

Restoration Family Therapy

<https://www.restorationfamilytherapy.com/>

(970) 999-4499

Individual, couple, family, group, and medical therapy

☐ **Shawn Whitney, MS, LMFT, S-PSB**

- families, medical issues, sex addiction, men's issues

Colorado Center for Couples and Families

<https://coloradocouples.com/>

Couples counseling, along with specialties in infidelity therapy, premarital counseling, and family therapy

☐ **Jonathan Zalesne, MA, LPC:** (720) 295-0760

Peak Clarity Experiential Therapy

<https://www.peakclarity.com/>

☐ **Dustin Johnson, LPC:** (970) 444-2815

- Stress management, addictions, compulsive behaviors, couples, boys/men's Issues

☐ **Jackie Johnson, LPC:** 970-497-4866

- Hypnotherapy, OCD, Psychodrama

<http://www.jackie-johnson.com/>

New Hope Personal Growth Center

<https://newhopepersonalgrowthcenter.com/>

Grief and loss. Trauma, EMDR therapy, women's issues, body image, self-esteem, weight and eating concerns, relationship concerns, depression and anxiety

☐ **Dr. Erika Hope:** (970) 808-0144

Adult and Family Counseling cont.

More Individual Therapy

- ❑ **Carrie Haynes, LPC, M.Ed.:** 970-672-1217
 - personal/spiritual growth, depression, anxiety, relationships<https://carriehaynessharp.com/>
- ❑ **Darcy Stamps, M.A., LPC:** 970-402-3635
 - trauma, relationships, depression, bipolar<https://www.psychologytoday.com/us/therapists/darcy-stamps-ma-fort-collins-co/79434>
- ❑ **Paul Slaughter, LMFT:** 970-988-7042
 - very calm, mindful approach, depression, relationships, anxiety<http://www.paulslaughterlmft.com/>
- ❑ **Mark Benn, Psy.D.:** 970-691-2656
 - a direct approach, works well with complex clients, couples, trauma<http://www.markbenn.com/therapy/>

Marriage and Family Therapy

- ❑ **Paul McClure:** 970-430-6498
 - generalist, depression, anxiety, relationships<http://mccluretherapy.com/>
- ❑ **Sharon Austin, Ph.D.:** (970) 493-4093
 - Couples and individual psychotherapy, as well as equine-assisted and nature therapy,<http://drsharonpaustin.com/>
- ❑ **Lee Land:** <https://www.landcounseling.com/>
relationship and family issues, grief, personal growth, groups
- ❑ **Charlotte McKernin:**
<https://www.charlottesmckernantherapy.com/>
- ❑ **Ashley Boynton, Ph.D.:**
<https://www.ashleyboynton.com/>
 - generalist, mood, trauma, groups, sliding scale

Early Childhood and Academic Resources

Academic Tutoring/Resources

- ❑ **NoCo Dyslexia:** 970-460-6771
- ❑ **NoCo Tutoring:** 970-980-3556
 - Private academic tutoring
 - NOCotutoringLLC@gmail.com

Early Childhood Intervention

- ❑ **Poudre School District**
<https://www.psdschools.org/department/early-childhood>
- ❑ **Thompson School District**
<http://www.thompsonschoools.org/Domain/3111>
- ❑ **Weld County - Envision:** 970-339-536
<http://www.envisionco.org/earlyintervention>

Speech/Language Therapy

- ❑ **Mallory Griffith:** 719-688- 8562
 - www.mallorygriffithslp.com
 - speech/language therapy
- ❑ **Speech and Language Stimulation Center:**
970-495-1150
 - www.speech-language-voice.com

Occupational Therapy

- ❑ **Children's Therapy Services:** 970-495-8780
 - UC Health, Poudre Valley Hospital
- ❑ **John Murray:** 970-226-6225
 - Fort Collins Youth Clinic
- ❑ **Alicia Silbernagel:** (303) 330-4576
 - Arise Anew Therapy, OT
 - Mobile, sees all ages

Trauma-Informed Services

Trauma Assessment

- ❑ **Child Trauma and Resilience Assessment Center:** (970) 491-5093 or ctrac@colostate.edu
 - family-centered and comprehensive assessments for youth and families
<https://www.chhs.colostate.edu/ctrac/>
- ❑ **The Willow Collective:** 970-829-0992
 - Maternal, infant, and early childhood mental health
<https://www.willowcollectivefoco.com/>

EMDR-Trained Providers

- ❑ **Integrated Counseling and Wellness:** 970-430-6061
 - Depression, Anxiety, trauma, LGBTQ+, EMDR (BCBS, Cigna, UHC, Medicaid)
- ❑ **Tracy Hunzeker:** 970-988-5814
 - EMDR; hunzekerounseling@gmail.com
- ❑ **Trisha Dittrick:** trisha@trishadittrick.com
 - EMDR, veterans (no insurance)
- ❑ **Dorina Ruh:** 970-494-0631
 - EMDR, Dissociative Identity Disorder
- ❑ **Nikki Tolle:** 970-619-1920
 - Fort Collins and Loveland, Substance use, EMDR, DVAP, groups
- ❑ **Rising Hope Counseling, LLC:** 720-778-0521
 - EMDR-trained, trauma-focused therapists
- ❑ **Jennifer Brandsma:** 866-285-2929
 - EMDR, trauma, LGBTQ+ (UBH, Medicaid, CHP+)
 - CSUHN<https://health.colostate.edu/counseling-staff/>
- ❑ **Dr. Erika Hope:** (970) 808-0144
<https://newhopepersonalgrowthcenter.com/>

Trauma-Focused Therapy

- ❑ **Hudson Wilkins:** 615-243-0874
 - Gray Area Counseling
 - Sexual assault survivors and caregivers
- ❑ **Jackie Johnson, LPC:** 970-497-4866
 - Hypnotherapy, OCD, Psychodrama
<http://www.jackie-johnson.com/>
- ❑ **Laurel Carter:** 970-310-3406
 - Heart-Centered Counseling; adults, trauma, yoga
- ❑ **Rachel Lucas, LPC, CAC-I:** 866-285-2929
 - United Behavioral Health, Medicaid, CHP+
- ❑ **Open Path Collective:** <https://openpathcollective.org/>
 - United Behavioral Health, Medicaid, CHP+
- ❑ **Voniè Stillson:** 970-599-1314
 - Equilibrium counseling services
 - Somatic therapy
- ❑ **Diane Bauer:**
 - Open Path Collective
 - Complex trauma<http://www.dianebauertherapy.com/fort-collins-therapy/>

Other Specified Therapy Services

Substance Use Therapy

- ❑ **Nikki Tolle:** 970-619-1920
 - Fort Collins and Loveland, Substance use, EMDR, DVAP, groups

- ❑ **Elizabeth Brandon:** 970-829-7391
 - www.lifecreation.com

- ❑ **Cathryn Williams, NCC, LPC:**
 - individual, couples, group therapy
 - adult survivors of sexual abuse, survivors of complex trauma, PTSD and addiction recovery.

Neurofeedback & Biofeedback

- ❑ **Neurofeedback Clinic of Northern Colorado:** 970-493-4580
 - ncnoco.net

- ❑ **Wholeness Center:** 970-221-1106

- ❑ **Melissa Gonzales:** 970-222-6154
 - children and adolescents

- ❑ **Jen Strating:** 970-221-1106
 - fortcollinsbiofeedback.com

Special Needs Services and Resource Centers

- ❑ **The Arc of Larimer County:** 970-204-6991
 - advocacy services, care coordination, employment, housing

- ❑ **Foothills Gateway:** 970-226-2345
 - advocacy services, children, adults and families, housing, employment

- ❑ **Respite Care:** 970-207-9435
 - day and overnight care
 - bri@respitecareinc.org

Autism Spectrum/Asperger's Therapy

- ❑ **Rachel Bedard:** 970-391-9628
 - adults, teens, college students

- ❑ **The Engagement Catalyst (Dr. Sara Colarosa)**
 - Postsecondary transition for high schoolers with disabilities, specialty in ASD<http://theengagementcatalyst.com/services-provided/>

- ❑ **CARD:** 970-305-8642
 - Aurora: 720-545-0768
 - Boulder: 720-408-0822
 - low functioning, ABA, social skills groups

- ❑ **John Morse:** 970-493-8006
 - teens and young adults, relatively high functioning

- ❑ **Trumpet Behavioral Health:** 970-377- 9401
 - low functioning, ABA, social skills groups

- ❑ **Array:**
 - ABA, children and adults: Loveland Clinic: 1-800-440-1652

- ❑ **Autism Home Support:**
 - ABA and home support services:<https://autismhomesupport.com/colorado/>